

Welcome to Seagrass

Congratulations. You're engaged. On behalf of the entire team at Seagrass Wellbeing Centre we would like to extend warm congratulations to both you and your husband to be.

The team at Seagrass invite you to take some time out of your busy Wedding planning schedule to spend some time relaxing, rejuvenating and preparing your mind and body for the biggest day of your life. Seagrass has created specific Bridal Beauty packages to encompass all your Beauty and Relaxation needs. There is something for all members of the Bridal party, however, we are also happy for you to create a unique tailor-made package with your Seagrass Beautician.

Beauty preparation to enjoy

In the lead up to your big day we recommend that you visit our beauty specialists approximately 2 to 3 months in advance of your Wedding. From our experience we recommend that trial appointments are booked on weekdays to ensure a more relaxed ambience for your comfort.

Contact: Seagrass Wellbeing Centre
Inishowen Gateway Hotel - 074 93 62188
www.inishowengatewayhotel.com

ONE MONTH before the Big Day - we recommend a soothing massage to help reduce the stress of the last few months, Seagrass Aroma Hot Stone Massage.

TWO WEEKS before the Big Day - to ensure the perfect application of spray or rub on tan we recommend an entire body exfoliation, Sea Salt Body Polish. At Seagrass we have chosen our spray tanning products carefully. We use St Tropez and Vani-T Liquid Sun(100%organic), we recommend you choose which adapts best to your skin tone. To allow the elimination of toxins from the skin your last facial should be no later than two weeks prior to the wedding. Finally, our nail technicians will be happy to help you choose between the options available.

Relax and be pampered. Fluffy bathrobes and slippers are provided for you to relax and unwind surrounded by the aromas of lavender, rosemary, cypress, thyme and geranium in the Seagrass Relaxation Suite.



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Bridal Beauty Bliss

This is our popular 'pre wedding wellbeing' package to give you a complete holistic feeling of wellbeing and beauty

Invigorating Sea Salt exfoliating scrub

Luxurious Hydrotherapy Bath

Relaxing Back, Neck and Shoulder Massage

Prescription Facial and Make Up

Manicure & Pedicure.

Package @ €225 (ind price €265)

Bridal Beauty Perfect Skin

You will glow beautifully on your big day with our specially tailored beauty package

Beauty Essentials - (Half leg, bikini and underarm wax)

Eye sparkle - (eye brow shape, brow and lash tint)

Body Glow with full spray tan

Perfect Finish - Make Up and Lashes

Mini manicure and Pedicure

Package @€170 (ind price €208)

Gifts

A gift voucher is an ideal gift to say Thank You to those providing love, patience and

Treat Time

This is a really luxurious one day treat for you and your dearest friend, this could be your Mum, sister or special female friend or relation who means so much to you and who you rely on their help and support in your life.

Hydrotherapy Bath

Aroma Back Massage

Plaisir d'Aromes Facial

Mini manicure and Pedicure

Lunch served in the Seagrass Relaxation Suite

Package @ €120 per person (ind price €165 per person)

Gentleman's Choice

To help sooth away the pressures up to the big day treat your Husband To Be to a few hours relaxing time.

Private Hydrotherapy Bath

De Stressing Aroma back, neck and shoulder massage

Men's prescription facial

Package @ €90 (ind price €110)

support for you in the lead up to the biggest day of your life.



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